



Upcoming Events

October - December

SUPPORT GROUPS

Drop-In Grief Support Groups

North Beach:

1:00 - 2:00 pm (October 2, November 6, December 4)

South Pines:

2:00 - 3:00 pm (October 8, November 12, December 10)

Calvert Pines:

1:00 - 2:00 pm (October 15, November 19, December 17)

Burnett Center for Hope and Healing:

4:00 - 5:00 pm (October 15, November 19, December 17)

Cost: FREE

Drop-In Grief Group for LGBTQAI+ Community Members

Dates: October 8, November 12, December 10

Time: 6:00 - 7:30 pm

Location: Pasadena office

Cost: FREE

Loss of Life Partner (Morning)

Date: October 8, November 12, December 10

Time: 10:30 am - 12:00 pm

Location: Virtual

Cost: FREE

Loss of Life Partner (Evening)

Date: October 9, November 13, December 11

Time: 6:30 - 8:00 pm

Location: Pasadena office

Cost: \$10

Nature's Healing Power: Grief Support Group Series

Date: October 3, 10, 17, 24

Time: 2:00 - 4:30 pm

Location: Governor Bridge Natural Area

Cost: FREE

Loss of Parent or Parental Figure Group

Date: October 10, November 14, December 12

Time: 6:30 - 8:00 pm

Location: Pasadena office

Cost: FREE

**This group is only for those 18 years and older.*

Rhythm of Life: Drum Circle Support Group

Dates: October 12

Time: 10:00 - 11:00 am

Location: Burnett Center for Hope and Healing

Cost: FREE

**This group is for children and teens ages 9-18*

Parenting While Grieving (Monthly Peer Support Group)

Date: October 21, November 18, December 16

Time: 5:30 - 7:00 pm

Location: Pasadena office

Cost: FREE

**This group is only for those 18 years and older.*



Register Today!

Upcoming Events



WORKSHOPS

SoulCollage Studio

Dates: October 7
Time: 2:00 - 5:00 pm
Location: Largo office
Cost: \$10

SoulCollage (Teens)

Dates: October 15
Time: 6:00 - 8:00 pm
Location: Pasadena office
Cost: \$10

**This group is for teens ages 13-18*

SoulCollage (Virtual)

Dates: November 4, December 2
Time: 6:00 - 8:00 pm
Location: Virtual
Cost: FREE

Parenting While Grieving Workshop

Date: October 19
Time: 10:00 am - 12:00 pm
Location: Pasadena office
Cost: \$10

**Breakfast and activities provided for children during the workshop. When registering, please indicate if your children will be attending.*

Breakfast with your Buddies

Dates: October 19
Time: 10:00 am - 12:00 pm
Location: Pasadena office
Cost: \$10

**This group is for children and teens ages 6-18*



Register Today!

HOLIDAY WORKSHOPS

Handling the Holidays Workshop

Date: October 26
Time: 10:00 am - 12:00 pm
Location: Burnett Center for Hope and Healing
Cost: \$10

Living with Loss Through the Holidays (Largo)

Date: November 16
Time: 10:00 am - 12:30 pm
Location: Largo office
Cost: \$10

Living with Loss Through the Holidays (Pasadena)

Date: December 5
Time: 6:00 pm - 8:00 pm
Location: Pasadena office
Cost: \$10

Chesapeake Life Center's grief support is available to anyone in our community who is grieving the loss of a loved one, regardless of their relationship to hospice or the type of loss.

Hospice of the Chesapeake family members may receive short-term grief counseling (up to 10 sessions) and attend support groups at no charge for up to 13 months after the death of a loved one.

We also offer services to community members whose loved one was not cared for by Hospice of the Chesapeake. For these community members, counseling is offered on a sliding fee scale.