



Saturday, October 5, 2024

Regency Furniture Stadium
11765 St. Linus Drive, Waldorf, MD 20602

9:00am to 1:00pm

\$40 per participant in advance
\$55 per participant day of registration



Why Participate?

All proceeds will benefit the Charles County community.

Every day, close to 85 hospice patients and their families turn to our care teams in Charles County, more than ever before. Hospice of the Chesapeake is committed to providing the highest quality care for all regardless of their inability to pay. Your support ensures we can continue our commitment to provide supportive, hospice, and bereavement care for all those who are experiencing serious illness and loss in Charles County.

Entry fees include race T-shirt, bib, medal, hydration stations on course, and post-race party. Enjoy music, local vendors, food trucks, and fun activities.

Gather your friends, coworkers, and family to spend the day at the Blue Crab Stadium. This family-friendly 5K welcomes participants of all ages whether you're a competitive or amateur runner, a casual jogger, a walker, or part of a team.

Includes a 1k course for those 8 and under. Kids will also receive a shirt, medal, and bib.

Register as a Team: Be creative with fun attire and let your spirit shine through!

Memorial Walk/Run: Register in honor of your loved one.
Create and wear a shirt in their honor.



To learn more about the event click the QR here or visit:
hospicechesapeake.org/blue-crab-run